

Power II™ Inversion Table

Patent applies.

Before you begin: These instructions will guide you in properly assembling the unit. Please review all the steps before beginning assembly. Carefully adhere to the Assembly Instructions and Owner's Manual to help ensure user safety and product integrity.

⚠ WARNING

1. Failure to assemble and/or use the equipment as directed may void the manufacturer's warranty on this product and could result in injury or death.
2. It is your responsibility to familiarize yourself with the proper use of the equipment and the inherent risks of inversion, such as falling on your head or neck, pinching, entrapment or equipment failure.
3. Do not use the inversion table until you have thoroughly and carefully read the Owner's Manual, reviewed all other accompanying documents, and inspected the equipment.
4. Choose a level surface for assembling and operating the table.
5. Follow each step in sequence. Do not skip ahead.
6. Make sure that all fasteners are secure.
7. Prior to use, test and inspect the table to ensure smooth operation.
8. Refer to additional warning notices and information posted on the equipment.

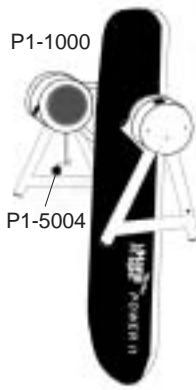
Carefully remove the individual parts from the carton. You should have all of the items listed below. If any items are missing or damaged, contact your retailer or customer service directly (See reverse side).

ITEMS FOR ASSEMBLY

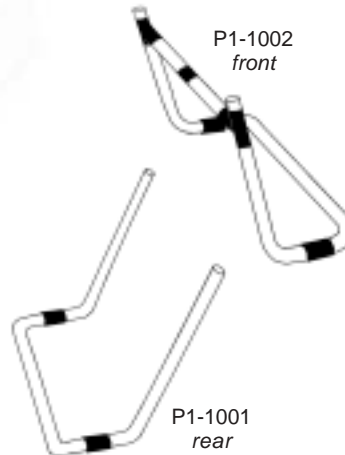
ITEM #'s

Bed frame assembly	P1-1000
Chain with crank	P1-5004
Rear frame	P1-1001
Front frame	P1-1002
Main shaft	P1-2100
Locking knobs	P1-1003
Handles	P1-1015

P1-1000



P1-1002
front



P1-1001
rear

P1-1003
arrive assembled
in the main shaft



P1-1015

P1-2100

ASSEMBLY

Note: The bed frame assembly arrives rotated into the fully inverted position. This is the most convenient position from which to begin the assembly process.

STEP ONE

Secure rear frame (P1-1001) to bed frame assembly (P1-1000)

- Insert the rear frame into the bed frame assembly (the logo on the bed will be facing the rear). (See Figure 1) Make sure the spring-loaded locking pins on each leg pop through the holes.

STEP TWO

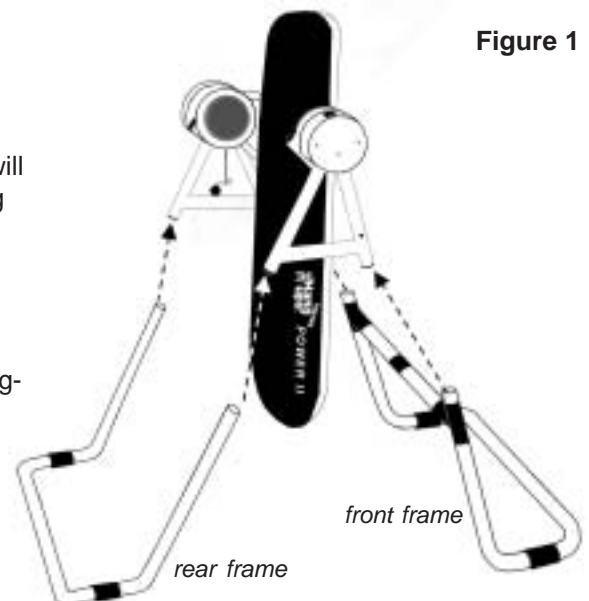
Secure front frame (P1-1002) to bed frame assembly (P1-1000)

- Insert the front frame into the bed frame assembly. Make sure the spring-loaded locking pins on each leg pop through the holes.

⚠ WARNING

Ensure that the spring-loaded locking pins are attached securely and that the front and rear frames sit evenly on the floor. Improper assembly could result in serious injury or death.

Figure 1



ASSEMBLY

STEP THREE

Secure main shaft (P1-2100) to bed frame assembly (P1-1000)

- Remove the locking knobs (P1-1003) from the holes in the main shaft (they are pre-assembled for shipping purposes).
- Insert the main shaft into the bed frame assembly. (See Figure 2)
- Line up the holes on the back of the bed with those on the main shaft. Insert and tighten both locking knobs to secure the main shaft to the bed frame assembly.



Figure 2

Figure 3



STEP FOUR

Secure handles (P1-1015) to bed frame assembly (P1-1000)

- Insert and tighten the handles into the arms on both sides of the bed frame assembly. (See Figure 3)

STEP FIVE

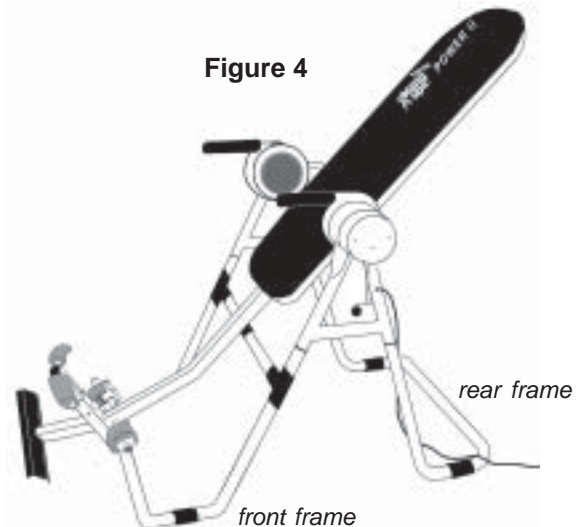
Connect cord to the power source

- Connect the cord to your power source* and rotate the bed upright using the power control switch. Make sure the table operates smoothly.

* GROUNDING INSTRUCTIONS

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. **DANGER** - Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product - if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

Figure 4



You are finished assembling your Power II™ Inversion Table. Please remember:

- Read your Owner's Manual thoroughly before using the inversion table.
- Test the table for smooth and steady rotation before inverting.
- For your reference, the table's serial number can be found on a sticker mounted to the motor housing.
- Please complete and mail your warranty card, or submit it on-line at www.TeeterHangUps.com.



Patent applies.

Teeter Hang Ups® is a registered trademark of STL Inc. and Inversion International, Ltd. Specifications subject to change without notice.

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For information about the Teeter Hang Ups® 2-year warranty, or if you have any problems assembling the equipment or questions about its use, please contact Customer Service at the appropriate location below:

USA & Canada:

STL Inc.

9902 162nd St. Ct. E., Puyallup, WA 98375

Toll Free (Phone) 800-847-0143 (Fax) 800-847-0188

Local (Phone) 253-840-5252 (Fax) 253-840-5757

(email) Info26@TeeterHangUps.com

(web) www.TeeterHangUps.com

International:

Inversion International, Ltd.

PO Box: AP 59245, New Providence Island, Bahamas

(Phone) +1-242-362-1001

(Fax) +1-242-362-1002

(email) Info@InversionInternational.com

(web) www.InversionInternational.com



Inversion Table

LOCKING KNOB

ASSEMBLY INSTRUCTIONS



Assembly of your new locking knob will require the following:

1. Enclosed locking knob with orange warning symbol;
2. A pair of pliers or channel locks.

Remove the existing, round locking knob from the main shaft assembly.

Step One

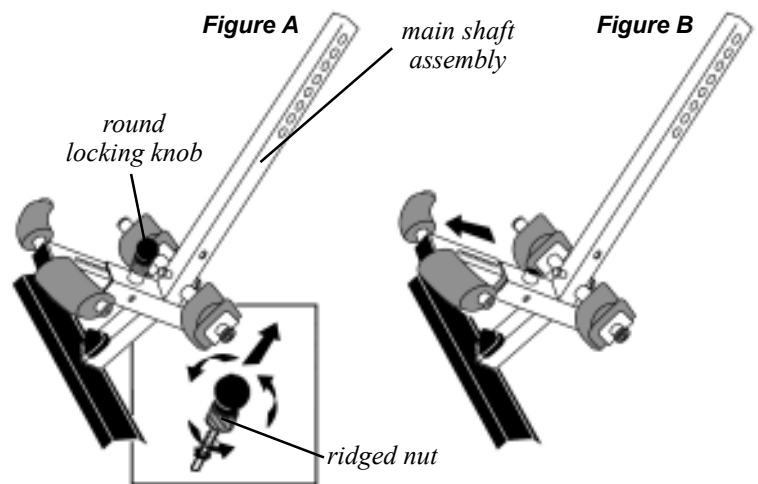
- Using a pair of pliers or channel locks, clamp the ridged nut at the base of the locking knob and turn counter-clockwise to loosen. See Figure A.

Step Two

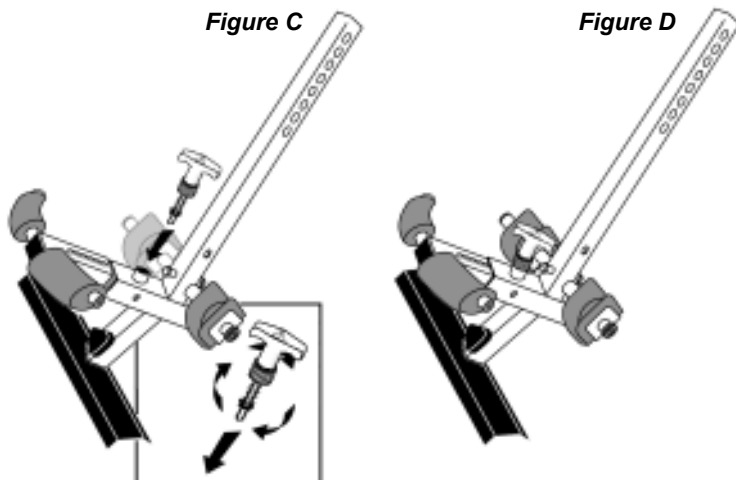
- Once loose, pull out the entire knob assembly and discard it.

Step Three

- Slide the upper ankle bar out of its housing and allow it to rest on top of the housing. Note that it is held by a spring - use caution to avoid overextension. See Figure B.



Assemble the new locking knob (with the orange warning symbol) onto your main shaft assembly.



Step Four

- Insert the entire new locking knob assembly into the vacated hole on your main shaft assembly. See Figure C.

Step Four

- Turn clockwise with your fingers to begin tightening - make sure the threads are lined up correctly. Using a pair of pliers or channel locks, clamp the ridged nut at the base of the locking knob and finish tightening.

Make sure the locking knob is secure.

Step Five

- Pull the locking knob, replace the upper ankle bar into the housing and release the pin.

Make sure the locking pin fully engages the hole and functions smoothly!

If you have any questions, please feel free to contact
Teeter Hang Ups customer service:
Ph: 800-847-0143 (toll free) or 253-840-5252,
Email: info26@teeterhangups.com
Available Monday-Friday, 8 a.m. - 5 p.m. PST