



- Company Info
- All About Inversion
- All About Your Back
- Products
- Testimonials
- Customer Support
- Press Room
- Site Map

## Which brand? How much? Which model?

A guide to purchasing inversion equipment.

- [Which brand?](#)
- [How much?](#)
- [Which model?](#)

You've decided that you would like to own an inversion table, but you don't know which one would work best for you. There's a dozen or more brands, countless models, a vast selection of stores and on-line retailers from which to buy, and not to mention... a wide range of prices! Shopping for an inversion table can be an overwhelming experience, so here's a guide that may be of help to you:



### WHICH BRAND?

With the increasing popularity of inversion equipment, the market has seen many companies jump on the bandwagon...some more reputable than others. It's important to consider the following when making a purchase:

#### Reputation for quality

Is the company known for producing good quality products? When hanging upside down, clamped only by your ankles, you want to be sure you are inverting on good quality equipment. Make sure you consider what goes into making the equipment, like worthy materials and craftsmanship.

#### Certifications and listings

One measure for quality is the product certifications and listings bestowed upon the equipment by third party compliance testers. Companies like UL and ETL test products for public safety and are reputed for their stringent standards.

#### Longevity

How many years has the company been in business? How long have they been manufacturing inversion equipment? The more experience a company has, the more you can be confident there are good quality controls in place and that they will be around in the future to support the products they produce.

#### Warranty

While inversion equipment should be built to withstand years of use, it is important to know that a company will stand behind the products it builds. Be sure to check out the type of warranty being offered.

#### Support Materials

Have you ever purchased a product that needed to be assembled, only to find that the instructions were impossible to follow? Make sure that your inversion equipment comes with quality support materials that show you how to assemble and use the equipment, including printed manuals and a

video or DVD.

### **Service**

Is the company known for good customer service? What happens if you have questions about the assembly or use of your inversion table? It would be nice to know that you have someplace to go for help when you need it.

### **Return policies**

The reality is, for one reason or another, sometimes products need to be exchanged or returned. Be sure you are working with a company that will make this process easy and painless.

To learn more about the Teeter Hang Ups brand, please [click here](#).

## **HOW MUCH?**

You may have noticed that Teeter Hang Ups inversion equipment is not the cheapest available, nor is it the most expensive. Because of our commitment to meeting high standards for quality and durability, we have made manufacturing choices that result in the best quality product at the most reasonable price.

For example, all of the roller hinges are made of high carbon steel which is heat-treated in key components, resulting in a higher strength product. Specialized pivot bearings ensure smooth rotation with no squeaks for the life of the table. The main shafts are triple-plated chrome with a steel wall thickness 20% greater than any on the market.

All of this technical jargon represents a final product that far surpasses other brands ([click here](#) to view some of our comparison testing). We hope that you'll put your trust in the incredible amount of research, testing and experience that has gone into making Teeter Hang Ups the best quality, most reliable inversion equipment on the market today.

## **WHICH MODEL?**

You've decided that Teeter Hang Ups is your brand of choice, but now you're faced with determining which inversion product best suits your needs. Below you'll find a brief description of each model and links to find out more.

To view a product comparison grid that highlights the key features of each model, [click here](#).

### **F5000**

Our base model inversion table, the F5000 is our most economic option (no bells and whistles) but nonetheless meets our strict quality standards for product quality and user friendliness. The earliest version of this model was made in 1983, and over the years has been upgraded over 78 times to improve durability, ease of use, and function. Owner's manual and instructional DVD included. [>>>](#)



### **F7000**

A step up from our base model, the F7000 offers additional features like corner feet, an EZ-Angle tether strap and our newest development, EZ-Stretch Traction Handles. Providing added benefit to inverted stretching and decompression, the handles can also be used as a tool for intermittent traction and oscillation. Owner's manual, instructional DVD and 90-page book on inversion included. [>>>](#)



### **F8000**

Sold exclusively on TV, this model offers a unique combination of features, including corner feet, the EZ-Angle Tether Strap, Over-EZ handles and a new tapered bed design. Owner's manual, instructional DVD and 90-page book on inversion included.

### **F9000**

With its knee-high, easy-to-reach handle and ratcheting ankle clamps, the F9000 is ideal for those who have a difficult time bending down to secure their ankles. With corner feet and an EZ-Angle tether strap, the F9000 comes with many features to make the inversion process easy and comfortable. Owner's manual, instructional DVD and 90-page book on inversion included. [>>>](#)



### **GL9500**

Sold exclusively to select back specialty stores, this model offers a unique combination of features, including a new steel tube design with corner feet, knee-high ratchet handle with patent-applied gravity lock, tapered bed, Over-EZ handles and EZ-Angle tether strap. Owner's manual, instructional DVD and 90-page book on inversion included.

### **Power II**

Inversion is taken to a whole new level with the Power II! Unlike other inversion products that require individualized adjustments, this motorized table is operated with the push of a button. Slowly and easily inverting to any desired angle using a patented rotational mechanism, the bed is sufficiently fixed at that angle to allow stretching and light exercise without bed movement. Owner's manual and 90-page book on inversion included. [>>>](#)



### **Power VI**

A commercial variation on the motorized inversion table, the Power VI is built with square steel tubing and a motor to withstand use in a public facility. With the patented rotational mechanism, a user can smoothly and easily invert to any angle, the bed remaining fixed at that angle to allow stretching and light exercise without bed movement. Instruction plates to mount on the equipment and Instructional Training Manual included; wall poster available. [>>>](#)



### **DEX – decompression & extension**

A unique take on inversion equipment, the DEX allows the user to rotate forward and hang with the hips parallel to the floor, focusing traction on the lower back. This position allows for back extensions without risking hyperextension. Patented applied for traction handles allow users to increase decompression of the lower back. Built to go alongside the Power VI in a club environment, the DEX is also a popular home-use inversion product because of its compact size and unique benefits. Instructional Training Manual included; wall poster available. [>>>](#)



### **EZ-Up Inversion System**

For fit and flexible, the EZ-Up Inversion System (complete with doorway Inversion Rack and Gravity Boots) is a compact, affordable inversion solution. The double-bar system, which does not interfere with the normal operation of the door, places the user up and out from the doorframe to give adequate room for stretching/exercise plus makes getting up and down a bit easier. Instructional DVD and 90-page book included. (The Rack purchased separately includes the DVD only). [>>>](#)





- Company Info
- All About Inversion
- All About Your Back
- Products
- Testimonials
- Customer Support
- Press Room
- Site Map

## Product Comparison

FEATURES	Inversion Tables						Inversion Racks	
	F5000	F7000	F9000	Power II	Power II GL	Power VI	EZ-Up Inversion System	Inversion Bar
Maximum capacity: 300 lbs.	•	•	•	•	•	•		
Maximum capacity: 250 lbs.							•	•
Laminated owner's manual attached to unit	•	•	•	•	•			
Instructional DVD included	•	•	•				•	
90-page book included		•	•	•	•		•	
5-Year Warranty	•	•	•				•	•
2-Year Warranty				•	•	•		
Commercial use voids warranty	•	•	•	•	•		•	•
Can be used with Gravity Boots	•	•					•	•
Comes with standard ankle clamps	•	•		•		•	N/A	N/A
Use easy-to-reach handle to secure ankle clamps			•		•		N/A	N/A
Standard tether strap	•			N/A	N/A	N/A	N/A	N/A
EZ-Angle tether strap		•	•	N/A	N/A	N/A	N/A	N/A
Corner feet		•	•				N/A	N/A
EZ Stretch Traction Handles		•					N/A	N/A
Removable, washable nylon mat	•	•	•				N/A	N/A

Able to stop at any angle of inversion	•	•	•	•	•	•		
Able to fully invert for stretching and exercise	•	•	•	•	•	•	•	•
Must be balanced to your individual setting	•	•	•				N/A	N/A
Uses motor to invert					•	•	•	
Offers full body stretch	•	•	•	•	•	•	•	•
Must use some strength to mount and dismount							•	•
Dual bar system allows for easier mounting and dismounting							•	

